



Emily N. Kierce, Psy.D. is a clinical psychologist and the Founder of Sentiero, an outpatient group psychology practice that serves active-duty military service members, veterans, and special operators. Her clinical and research interests include resilient outcomes regarding people who experience anomalous circumstances, the impact of culture on psychological development and resiliency, and mental toughness in high achievers, the military, and professional athletes. She is a fierce advocate against injustice and often engages in philanthropic endeavors to promote wellness and psychological health for all. She is passionate about destigmatizing psychological health and works hard to ensure a relatable experience for those she encounters. Most importantly, she admires the special warfare community and believes that if they are connected and thriving, their remarkable abilities will have a positive impact on their families, communities, and

society at large. For more information about Dr. Kierce and her team, please visit her website at www.sentiero.org.