

## Joe Hassell bio

Joe Hassell, Ph.D. is a licensed clinical psychologist who currently provides clinical and performance psychological services to active-duty service members in the United States Navy. He has worked as a contractor and embedded provider with the military since 2013. Dr. Hassell has over 20 years of experience working with adults, teens, and children and has served special populations including veterans, active duty and retired special operators, combat support service members, and all branches of the military; in addition to working with departments of corrections, sheriff's departments, and corporations. Dr. Hassell's passion lies in assisting individuals, couples, families, and teams to increase resilience and perform at their highest level.

Dr. Hassell earned a bachelor's degree in psychology from Rowan University and a master's degree in psychology from Pepperdine University before completing his Ph.D. in clinical psychology at Alliant International University. Dr. Hassell completed an APA-accredited internship at the University of Maryland/VA Maryland Healthcare System Consortium followed by an APA-accredited postdoctoral fellowship at the VA San Diego Healthcare System. His focus areas include post-traumatic stress and growth, traumatic brain injury recovery, resilience, stress optimization, sports psychology, and mental performance training. In his spare time, he enjoys spending time at the beach, cooking, and coaching youth sports.