

The C4 Foundation Acquires 560-Acre Ranch Property in San Diego, California to Fulfill Mission of Preserving Navy SEAL Families

CORONADO, Calif.--(BUSINESS WIRE)-- The C4 Foundation (Charles Humphrey Keating IV Foundation), a military-serving charity that endeavours to keep families strong while Navy SEALs are on active duty, has closed on the acquisition of a 560-acre ranch property in Eastern San Diego. The ranch will serve as the cornerstone of the Foundation's mission to provide the necessary support and resources to help preserve the most important relationships for this elite group of warriors.

"The acquisition of this beautiful property is a tremendous milestone for the C4 Foundation, and a true testament to the power of the community that has rallied behind our Navy SEALs and their families who have sacrificed so much for our Nation," said Charles Keating, III, Co-Chairperson and President of the C4 Foundation. "This property has everything we need to fulfil our core mission, and we are incredibly excited to embark on this next phase to activate the ranch and begin serving our SEALs."

"We founded the C4 Foundation to honor the memory of Charlie, and to provide a much-needed support system for Navy SEALs and their families," said Brooke Keating, Co-Chairperson and Vice President of the C4 Foundation. "Charlie was passionate about his family and looked for the goodness in all people. We are focused on building on that mindset to help serve the entire SEAL community, and this ranch property will play a key part in our success."

Located in San Diego's pristine Mesa Grande region, just 45 miles from the Naval Special Warfare Center in Coronado, the improved private ranch will serve as a sanctuary for Navy SEAL families. The property, known as The C4 Ranch, will feature outdoor activities for the entire family including fishing, hiking, horse-back riding, camping, farming and a petting zoo. The self-sustaining rural lifestyle and unobstructed 360-degree views that range from the Great Sonoran Desert to the Pacific Ocean, create a relaxing environment for families to strengthen bonds.

Husbands, wives, and children in the Navy SEAL community will participate in performance science-based activities during their on-site stays designed to give families tools for communication, mindfulness and restoration, coordinated by the C4 Foundation's Chief Science Officer Dr. Glenn Fox. Dr. Fox is at the forefront of research on how the science of emotion and mind processes can help people enhance what is working their lives and provide long lasting tools for high performance in any domain.

The C4 Ranch will have programs designed specifically for active duty SEAL life including strategies for pre- and post-deployment phases as well as programs for SEAL families throughout deployment. On-staff program directors and activities will be based on the science of resilience, creativity, mindfulness and gratitude.

About the C4 Foundation

The C4 Foundation (Charles Humphrey Keating IV Foundation) honors the legacy of Charles Humphrey Keating IV, a heroic Navy SEAL who was deeply rooted in his community and who gave his life defending the country and the freedoms we enjoy. Founded by Charlie's family, the C4 Foundation endeavours to keep families strong while SEALs are on active duty and to preserve the family relationships that are most important to supporting this elite group of warriors. The C4's singular mission is to provide support and resources to active duty Navy SEALs and their families. The goal is to research, develop and implement evidence-based solutions to maintain family unity while improving the transition from the Front Lines to the Home Front.

The C4 Foundation is a 501c3 national non-profit charitable organization. Tax-ID: 82-2075362. For more information, visit www.c4foundation.org.

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The C4 Ranch in Eastern
San Diego (Photo: Business
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